

Medicina Futura

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WELCOME TO NATIONAL HOMOEOPATHIC CONFERENCE 2017



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CASE TREATED WITH ANACARDIUM AND COLOR REMEDIES

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Male aged 26yrs reached me In 2016 for his Tourette syndrome & OCD and lack of sleep. He developed it when he was in college. Since 2 yrs symptoms were very bad.

Doctor (D): Please tell what is bothering you the most?

Patient (P): I am diagnosed as Tourette syndrome & OCD, very difficult to manage.

All symptoms worse on one side mostly left side. I am seeing psychiatrist they kept me on OCD and depression medicines Lexipro, prozac, Anafril, welbutrine, Rispedal (dopamine antagonist), Halopredal pimozone, topomax, Abilify etc

D: How it is effecting you?

P: Impaired my whole life even when into depression.

D: More

P: A person who demands excellency all through life in school, writing, anger and depressed

In high school - retract myself (not talk to people much), brood on things, feel bad about it, not know what to do, very powerless in lot of situation, failure, fun of me for weight, for skinny, quite, don't know pop culture, better with consolation, unfailing confidence, felt lot of talent in different areas

not using them, waste of life and waste of energy

D: How do you feel at that time?

P: Feels very anxious, restless.

D: What do you experience when you are anxious?

P: Sensation as if someone is stopping or inhibiting me in interacting

D: More

P: opposite is want more of freedom focus is on your body, feel like in prison, trapped, wants freedom, floating around

spiritual, unlimited, omnipresent. feel like cage, boundaries can't break, constricted

don't want to be aware of my existence, doing meditation when 18yrs, not doing now because of awareness

D: Anything else?

P: Obsessively checking doors and locking things

D: More?

P: My rash is back since 5 months on neck, chest. It is itchy, burning. Arthritis before rash, from elbow to finger. Eruptions slightly elevated, brown spots, white scales, started on chest, neck, abodmen, genitals

<night, midnight 1am, cold weather, >scratching

Constant, itch on different parts and then scratch, if I observe someone see scratch then I do

snapping fingers, feel tingling, open my jaw when it is closed. Physical restless, always urge to move

premonitory urge, imitate actions of others, move my eyes if I see someone moving neck I feel like moving. My body does without my consciousness, feels like there is conflict with my will.

I feel better by >moving

D: Past history?

P: Bad lung infection in 2010 and took antibiotics for it as well as for skin condition symptoms worse 2014 has high mental stress. Dad died when I am 3 yrs age uncomfortable environment, angry, mood disorder, effected my priorities did well at school, forced to undesirable stuff outside.

Had chicken pox when young

In 2001 had warts on palms and knuckles, isolated, 5-6 warts 1/2 cm long both sides

Had Depression in 11th grade (2008 & 2009) teasing from high school, not performing to the level I want

Several years back for arthritic pains took treatment for 1 yr with Dr Sankaran and felt very good, and improved a lot under his treatment.

D: How do you feel in general with respect to temperature?

P: Chilly body, better warmth externally, don't like cold. Like warm food

D: What you are sensitive to?

P: Sensitive to touch, muscles contract, tight feeling

D: Desires and Aversions?

P: Like fruits, sugar, salty, don't like odor of cooking meat or eggs causes nausea (ate at childhood)

likes Avacodo, cheese, ice cream, yogurt bowels regular taking magnesium for muscle relaxation and nervous system Thirst- very often, drinks large quantity

Dreams- failing high school, failed exam, (scared, confused, not knowing what I did and how to fix it), spiritual leaders of past and present (warm feeling, reassurance

Believe in heartfullness meditation - You are divine, one with God

D: Dreams?

P: Occasionally dreams of falling down

D: Fears?

P: When young has fear of heights, don't like open water, open cruise,

Doctor notes: This patient took appointment but cancelled as he felt he can't pay fee even though he is earning (Fear of poverty?)

Using mac rep did repertorization and come up with remedies like Anacardium, Rhus tox, Sulphur, Causticum, Natrum mur, Calcarea carb, Psorinum etc

Symptoms / Rubrics considered are as below

*the number in brackets shows number of remedies that cover that particular symptom.

1. mind; ANTAGONISM; oneself, with (26)

2. mind; DELUSIONS, imaginations; trapped, he is (41)

3. generalities; FOOD and drinks; meat; agg.; odor of cooking (4)

4. generalities; FOOD and drinks; eggs; agg. (38)

5. Generalities; Hypochondriasis and Hysteria (83)

6. generalities; TWITCHING; one-sided (99)

7. extremities; WARTS; hands; palms (19)

8. Causes; Eruptions, checked, repelled, or suppressed (18)

9. Tourette syndrome (13)

10. Skin; Tension in (79)

11. Skin; Tetter; burning (61)

12. skin; ITCHING; touch; agg. (27)

Knerr extraction - Anacardium

ANGER: VIOLENCE, WITH: TAKES EVERYTHING IN BAD PART. {0>1>0}

••ANGER: VIOLENCE, WITH: PERSONAL, FROM SLIGHT OFFENCE. {0>1>0}

The screenshot shows the MacRepertory software interface. The window title is 'MacRepertory - [MacRepertory's Remedy Graph: Clipboard 1]'. The menu bar includes 'File', 'Edit', 'Graph', 'Search', 'Rubrics', 'Windows', and 'Help'. Below the menu bar is a toolbar with various icons. The main area contains a grid with the following columns (remedies): Afnac., Caust., Sclph., Ithus-l., Nat-m., Calc., Nux-v., Bar-c., Puls., Lach., Nat-c., Mur., Coct., Kall-c., Ars., Colch., Lyc., Con., Sep., Mez., Bell., Phos., Merc., Sil., Plb., Stann., Staph., Carb-v., Alum., Zinc., Petr., Iren., Ph-ac., Sul., Bry., Sars., Dulc., Stront-c., Dilat-l., Plat., Iota, Psor., S-naphet., Irid., Lipus, Cham., Heli., Hep., Ferr., Nat-ac., Duja, Led., Caps., Spig., Carb-an., Dil-o., Itecal.

The grid lists symptoms on the left and shows the number of remedies that cover each symptom. The symptoms listed are:

- mind; ANTAGONISM; oneself, with (26)
- mind; DELUSIONS, imaginations; trapped, he is (41)
- FOOD and drinks; meat; agg.; odor of cooking (4)
- generalities; FOOD and drinks; eggs; agg. (38)
- Generalities; Hypochondriasis and Hysteria (83)
- generalities; TWITCHING; one-sided (99)
- extremities; WARTS; hands; palms (19)
- Causes; Eruptions, checked, repelled, or suppressed (18)
- Tourette syndrome (13)
- Skin; Tension in (79)
- Skin; Tetter; burning (61)
- skin; ITCHING; touch; agg. (27)

The grid shows the following counts for each symptom:

- mind; ANTAGONISM; oneself, with (26)
- mind; DELUSIONS, imaginations; trapped, he is (41)
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••ANTAGONISM: WILLS, OF.
(0>1>0)

Lippe key notes - Warts on palms of hands (Nat-M.) [A.]. Itching of the skin, worse from scratching (Rhus-T.). White, herpetic spots [C.]

RX

March 1st 2016

Given Psorinum 1M - 1 dose and after 2 wks Anacardium 30c - daily twice for 1 week and followed by once a day for another week and repeat only when needed.

Indigo blue 30c and violet 30c - BD for 4 weeks.

Follow up May 2, 2016

70% better with mood and skin symptoms, sleep is good.

Tourette symptoms 30% better, re affirming the condition that I don't what to have, this held me back obsessively checking doors and locking things gone away as I stopped thinking about it not seen any more) >alone, not self conscious <in company

Fast life style, mind and body go really fast, they are like machine made

Less of a cage but still restricted, stuck and trapped sensation seen to come extent. realizing I am the power, stress is true. each one is creator. Micro cosmic focus on positive things, soul, heart fullness meditation, using will power to remove it

RX

Since there is improvement in symptoms kept on same remedy

as the sensation is still the same and no new symptoms so didn't change remedy.

Anacardium 200 weekly once

Violet and Indigo blue daily once LM potency

Follow up November, 2016

80% improved over all. Same stuck sensation still present.

RX

Anacardium 1M - 3 doses (one dose a month)

Violet and Indigo blue LM potency as needed

Follow up March 4, 2017

Doing 90% Improvement

Body feels lighter and free no caged or trapped sensation

Tics less able to control, more focused, occupy myself

No new symptoms

Sleep is good, getting better overall

Advised continue same remedies when symptoms relapse.

Follow up June, 2017

Doing great 90% better mentally, physically and emotionally.

Remedy Analysis:

There is lot of sensitivity in this case so selected remedy from plant kingdom. No issues of survival or competition or lack of something so ruled out animal or mineral kingdom.

Anacardium: The main sensation in Anacardiaceae family is caught stiff not able to move and stuck in

one place. If cancer miasm is included then feeling is caught in one spot and superhuman effort is needed to come out of it <Vital quest - Dr Sankaran>

Anacardium covers most of the above symptoms (antagonism with will, sensation he is trapped in, hypochondria, one sided twitching, warts on palms, Tourette syndrome & OCD, dreams of falling and skin symptoms etc)

Psorinum is given as the patient is chilly and aggravated from cold, anxiety and hopelessness about the future, deep anxiety states with restlessness and anguish, anxiety and restlessness at night. Feels forsaken or isolated. Anguish and despairing from skin diseases. Poverty consciousness. Itching worse at night and worse by touch. Suppression of skin symptoms. Odor of cooking meat aggravation. Worse by eggs

Indication for Indigo remedy: It acts like anesthetic and help to relieve pain. It is good for anxiety states when emotions run high. They calm the emotions and helps to focus mind. Issues related to wisdom, knowledge, imagination, intuition and discernment and it is good for unclear thinking, closed mindedness.

Indication for Violet remedy: It comforts soul and act like anesthetic and purifier on the physical level. Issues related to beauty, harmony, spirituality, love of god and it is good when there is disharmony and lack of spiritual sense.